

Zombie, run for your life! 5k

October 24, 2022



Information

The Zombie, run for your life! Race will be held on October 24th, 2022 to help raise awareness and benefit the American Foundation for Suicide Prevention (AFSP). It will cost \$15 per participant or \$10 for those 12 and under, and all proceeds will be donated to the AFSP. During the race zombies will be hiding on the course to attempt to steal lives from the runners. Each life stolen will result in 30 seconds being added to their final time. The race will be located at Karns City High School. To sign up for the race contact Brooke Griffith at 724-525-7512. The run will start at 9am and same day registration will be available until 8:30 the morning of. Medals will be awarded for top 3 male and female runners. Please pay cash or make checks out to KCHS.

Suicide facts:

- A study showed that Exercise reduces suicide by 23% in students that were bullied in school.
- Suicide is the 10th leading cause of death in the US
- In 2019, 47,511 Americans died by suicide
- In 2019, there were an estimated 1.38M suicide attempts
- The age-adjusted suicide rate in 2019 was 13.93 per 100,000 individuals.
- The rate of suicide is highest in middle-aged white men.
- In 2019, men died by suicide 3.63x more often than women.
- On average, there are 130 suicides per day.
- White males accounted for 69.38% of suicide deaths in 2019.
- In 2019, firearms accounted for 50.39% of all suicide deaths.
- 93% of adults surveyed in the U.S. think suicide can be prevented.
- In the past year roughly 30 people in butler county have committed suicide

Registration

Name:

Phone Number or Email:

Age:

By signing this form I acknowledge my understanding that in the event of any injury as a result of my or my child's participation in this event, the School District, National Honors Society, and anyone else will not be held liable.

Printed Name:_____.

Signature: _____.

Date of Signature: _____.

