



MAY 2021



KARNS CITY AREA SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU



What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white, and fat-free chocolate

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices, And More!!

DAILY ALTERNATES

Choice of Assorted Cereals with Mini Loaf or Poptart

Breakfast Prices:

Student: FREE
Reduced: FREE
Adult: \$1.70

General Manager:

Alex Spalding

Phone Number:

724-756-2030 Ext. 1015

Email:

metzfoods@kcasdk12.org

USDA is an equal opportunity provider and employer.

WE ARE HIRING!

Due to COVID/Remote Learning Models - Menu is subject to extreme change

Monday	Tuesday	Wednesday	Thursday	Friday
May 3	May 4	May 5	May 6	May 7
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	No School!!!
Funnel Cake	French Toast Sticks with Sausage Patty	Breakfast Pizza	Bagel w/Cream Cheese	
FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	
May 10	May 11	May 12	May 13	May 14
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	Remote! Meals on the bus!
Breakfast Muffin	Pancakes with Sausage Patty	Sausage, Egg & Cheese Muffin	Pretzel w/Cream Cheese	
FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	
May 17	May 18	May 19	May 20	May 21
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	Remote! Meals on the bus!
Funnel Cake	French Toast Sticks with Sausage Patty	Pizza Crunchers	Bagel w/Cream Cheese	
FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	
May 24	May 25	May 26	May 27	May 28
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	Remote! Meals on the bus!
Breakfast Muffin	Pancakes with Sausage Patty	Sausage, Egg & Cheese Muffin	Pretzel w/Cream Cheese	
FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	FEATURED SELECTIONS	
Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice Assorted Fruits Assorted Canned Fruit Choice of Milk	